Course information and booking is now available at:

lyon.co.uk/training



# Training Course Information









# February 1st 2021

"Definitive training for work at height and rescue"



#### **Our Website**

You can find our training specific website at lyon.co.uk/training providing online booking information, prices and dates for all our courses.

You can also find information about our training team and training facilities with direct links to Lyon Equipment products and services.



lyon.co.uk



facebook.com/lyonequipment



@lyonequipment



@lyonequipment



linkedin.com/company/lyon-equipment-limited

At Lyon Equipment we pride ourselves on the high quality of service we offer our customers.

We are also acutely aware of our impact on the environment. We are gold corporate members of Cumbria Wildlife Trust and are certified to ISO 14001:2015.

If you would like to know more about our environmental policy please visit our website www.lyon.co.uk











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#### Find out more or make a booking



Email training@lyon.co.uk



Lyon Equipment Limited
Work & Rescue Training Centre
Unit 3-7, Tebay Business Park,
Old Tebay, Penrith, CA10 3SS



Phone our Training Team direct - See below



**Training Centre Office Opening Hours** 

9am - 5pm Monday to Thursday 9am - 1pm Friday

To avoid disappointment (or unnecessary travel) it is advisable to call to make an appointment before visiting



This course information is to be read in conjunction with our full Training Terms and Conditions, a copy of which is on page 31



Website lyon.co.uk/training

# Who to contact Training & General Enquiries



Peter Dodd
Training Manager
015396 26209
pete.dodd@lyon.co.uk



Mike Robinson Trainer 015396 26265 mike@lyon.co.uk



Anthony Kavanagh
Trainer
015396 26258
anthonyk@lyon.co.uk



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Trainer
015396 26254
matthew.nightingale@lyon.co.uk



Mark Davies Trainer 015396 26264 mark@lyon.co.uk



Emma Martindale
Training Bookings & Administration
015396 26251
training@lyon.co.uk



Brian Thomson Trainer 015396 26265 brian@lyon.co.uk

Equipment Sales, Quotations & Technical Information



Lyon - 015396 24040



WRsales@lyon.co.uk



Petzl - 015396 26400



info@petzl.co.uk

For further information about our training courses including course syllabi, dates and booking forms, visit our website at lyon.co.uk/training



2 easy ways to find your required course:

- by name using the Course Finder
- by using the **contents** on page 3

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#### Why Lyon Equipment Training?



#### Lyon Equipment is The Petzl Technical Institute for the UK & Ireland







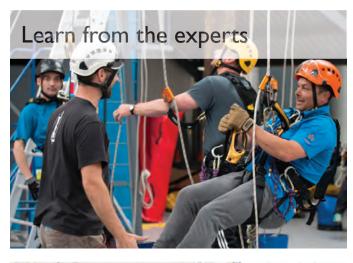
















The Lyon Equipment Work & Rescue Training Centre delivers authoritative instruction and certification for work and rescue at height and in difficult to access places. Customers come from all sectors involving work at height, including industrial rope access, utilities, industry, entertainment, rescue and the emergency services. Our courses are delivered in accordance with BS 8454:2006 Code of Practice for the delivery of training and education for work at height and rescue. Many have been audited and approved by external organisations such as RoSPA, IRATA, IOL and Nuco training.

#### For any demanding environment



Lyon Equipment's Petzl Agency is the UK and Ireland's sole PETZL TECHNICAL INSTITUTE and our Training Centre is a PETZL TECHNICAL PARTNER.

As a Petzl Technical Institute and Partner, Lyon Equipment is validated and authorised by Petzl to:

- Provide training in products, solutions and techniques to our sales networks, resellers and ambassadors
- Provide Petzl Solution Module training to trainers and end users
- Reply to technical questions
- Select and validate future Petzl Technical Partners

Whatever your requirements for work at height or rescue, we can provide training to meet your needs. In addition to our 'standard' courses we also offer bespoke training designed specifically around our customer's needs.

See page 7 for more information on bespoke training and customer feedback.



#### **Bespoke Training & Client Feedback**

If our standard training courses don't meet your specific needs, please contact our Training Manager, Peter Dodd, to discuss your requirements. Standard courses can often be tailored, or alternatively we can create entirely bespoke training packages for specific environments.

As is the case with our standard courses, bespoke training is delivered in accordance with BS 8454:2006 – Code of Practice for the delivery of training and education for work at height and rescue. Bespoke rope access training is delivered in compliance with BS ISO 22846-2:2012 – Personal equipment for protection against falls – Rope access systems. Work at height courses for Fire and Rescue Services are delivered in compliance with the Fire and Rescue Service Manual, Volume 2: Fire Service Operations. Police Work at Height courses are delivered in compliance with College of Policing modules relating to specialist policing roles.

Providing a suitable venue and facilities are available, it may be possible to deliver training at your location.

Some examples of custom-made training delivered are:

- Rope rescue training for Mountain Rescue England & Wales
- · Rescue training for Kier Mining Limited
- Rope rescue instructor quality assurance evaluation for Humberside, Mid and West Wales, North Wales and Lancashire Fire and Rescue Services
- Rope access training for the Emergency Services
- Rope access training for the Association of Mountaineering Instructors
- PPE inspection training for the Lake District Search and Mountain Rescue Association
- Rope rescue training for Bolton Mountain Rescue Team
- Work at height and rescue training for Cumbria Fire and Rescue Service
- Mast and tower training with Omexom

#### Feedback received from clients attending our training courses include the following:







#### **Industrial Rope Access:**

"Really enjoyable five days. Very good value for money, especially the added skills specific stuff. Hard physically and mentally but well worth it. Thanks".

#### Work at Height & Rescue - Industry:

"Excellent! Nothing to add. As a company we will not use another company for our work at height or rescue training."

#### Work at Height & Rescue - Entertainment:

"Having come with no climbing experience I now feel confident going back to my workplace. For work and rescue, training facilities and trainers are second to none".

#### Work at Height & Rescue - Adventure Activities:

"Excellent!"

#### **Personal Protective Equipment:**

"Excellent. We chose Lyon due to their reputation as the best and this course lived up to that. Extremely good tuition and very deep knowledge of subject well presented. Can't praise Lyon and Mark highly enough".

#### Management of Work at Height:

"The training has been really beneficial for myself as well as the company especially the PPE requirements".

#### **Casualty Care and Product Training:**

"Tuition from Instructor was exceptional. Fantastic venue".

#### **Emergency Services & Rope Rescue:**

"Lyon is by far the best training provider I've ever used in my II years as a firefighter".

# Lyon Equipment Training Centre

- State of the art interactive classrooms
- Extensive purpose-built indoor practical training area
- Drop-test and destructive testing facility
- External 18 metre communications tower



#### **Indoor Training Area**

"Training facility was the best I have ever used.

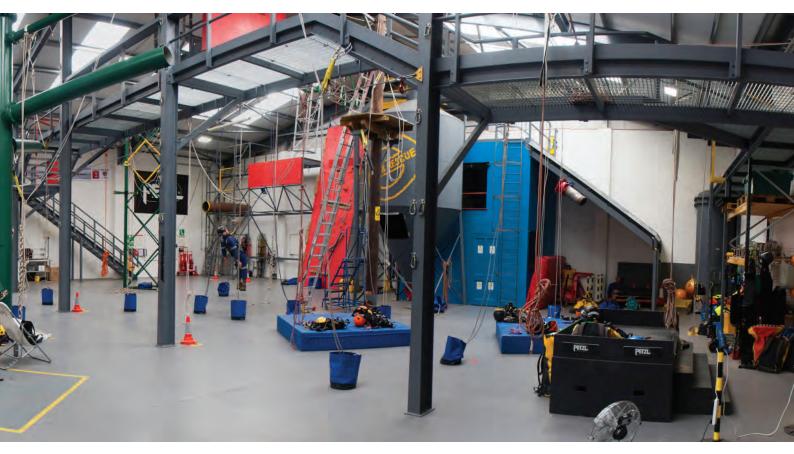
Lots of challenging aspects"

#### **Outdoor Tower**

"...fantastic facilities, highly recommended for all mast and tower climbers"

#### Training facilities for all aspects of height related work and rescue:

- Interactive classrooms
- Rope access, aid climbing
- Work at height climbing frame for fall arrest climbing and work positioning
- Vertical, sloping and suspended structures
- Climbing wall
- Restricted access structures, silo & vessels
- Sloping roof
- Suspended ski chairs
- Lighting truss
- Internal and external communications tower
- Wind turbine simulator
- Double aspect roof structure with skylights and attic space below
- 5-tonne slow-pull test rig
- Comfortable 'break-out' area
- Toilets & showers









# Lyon Equipment Outdoor Training

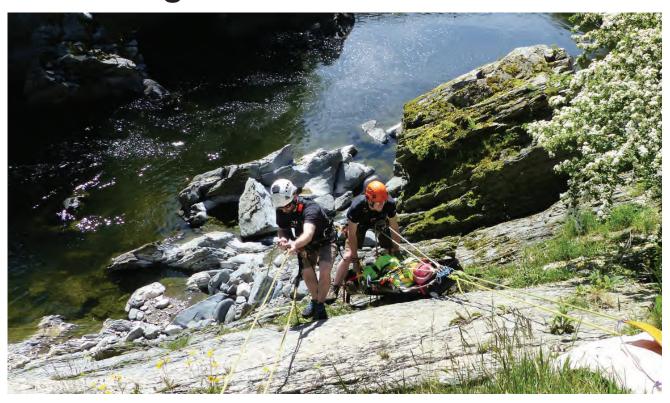
Outstanding natural venues - all within easy reach of Tebay



"One of the best training facilities I've been to"

"The facilities and outdoor venues are brilliant"

## Lune Gorge Owned and maintained by Lyon Equipment



Hill's Quarry







"Excellent training venues indoor and outdoor"

"Practical training venue excellent"

#### Meet the Lyon Training Team



Each member of the Lyon Training Team has been selected for a combination of their exceptional instructional ability, extensive practical experience and outstanding knowledge of their skill areas. As professional trainers, all hold nationally accredited vocational training and assessing qualifications.

They contribute a wealth of up to date experience in many sectors enabling all of our courses to be tailored to client needs. Our trainers do not just deliver high quality training, they provide a valuable source of expert knowledge through their real-world experience that continues to add value to the training you receive at Lyon Equipment. The team are available to advise and provide assistance as an ongoing service to our clients beyond the training course you attend.



Peter Dodd Training Manager



Kav Kavanagh Trainer



Mark Davies
Trainer



**Brian Thomson Trainer** 

Pete joined the Lyon Equipment training team in 2014 following service as a Police Officer. He has extensive operational experience in the specialist firearms role and was a National Police Firearms Instructor which included leading training in tactical rope access. Pete has a very varied work background including service in the Armed Forces, mountain rescue service in the Lake District, scientific research, technical sales and overseas work in the outdoor industry.

Pete became Training Manager in 2018, alongside his responsibility for the training team he continues to develop and deliver specialist Police work at height, technical rescue and emergency casualty care courses. One of his key roles is to provide independent review and external quality assurance of work at height and rescue training delivered within the emergency services at both local and National Governing Body level. Pete also acts as a Technical Assessor for the annual United Kingdom Rescue Organisation (UKRO) Challenge event.

Known as "Kav" to most, he joined Lyon Equipment as a Trainer in 2006 coming from a background of construction, demolition, electronic servicing and working in the outdoor education and training sectors.

Kav is an IRATA Level 3 Instructor who specialises in work at height and rescue courses for rope access and additionally for the entertainments, construction and utility industries. He also delivers specialist training programmes to the emergency services involving difficult access, egress, self-evacuations and team rescue skills. Kav also assists Pete with the development of the emergency casualty care and first aid programmes.

Out of work, Kav spends most of his time running in the fells with his dogs, mountain / road biking and swimming in the lakes. Mark joined the Lyon Equipment training team in 2009. He has a background in marine engineering as well as having worked for 25 year in outdoor education in a range of operational, technical advisory, safety & risk management roles.

Mark holds the Mountaineering Certificate: the highest instructional award for climbing and mountaineering in the UK as well as being an IRATA Level 3. Mark's specialist areas are PPE Inspection training, height access and rescue training for the Adventure Activities sector and he also leads the core programme for rope rescue training.

When not working for Lyon Equipment, Mark is an active mountaineering instructor in both summer and winter and combines these skills with his work at height and rescue knowledge.

Brian joined the Lyon Equipment training team as an IRATA Level 3 Rope Access Supervisor in 2011 and subsequently achieved his IRATA Instructor status. He delivers IRATA courses at all levels here at our bespoke training facility.

Having initially started in the Adventure Activity sector in 1997 working throughout Europe and the UK, Brian qualified in 2008 as a rope access technician and worked with several leading rope access companies. More recently Brian has diversified into working with Lyon and as Health, Safety and Compliance Director of a rope access company. He now divides his time between both roles putting his knowledge of industry and training to great effect.



Mike Robinson Trainer



Matt Nightingale Trainer



Emma Martindale
Training Administrator

Mike has worked at Lyon Equipment since January 2011. He started his Lyon career as the Customer Service and Technical Information Manager and then transferred to the training team in 2017. Through his time at Lyon and in his previous roles he has accumulated a wealth of knowledge and experience in various forms of work at height, PPE inspection and PPE management systems.

Prior to working at Lyon Equipment Mike was a self-employed rope access technician. He continues to work on a variety of projects including structural repairs, glazing, geo-technical and inspection work. He is a qualified IRATA Level 3 Rope Access Supervisor. Mike's specialist areas are PPE inspection, PPE management systems and rope access training.

Outside of work Mike enjoys a variety of outdoor activities including climbing, running and cycle touring. Matt joined the Lyon Equipment training team in August 2018. His background is in education and prior to working for Lyon he was a qualified and practising secondary and sixth form teacher for 10 years teaching predominantly physics and outdoor education. Matt has many years of experience in the voluntary rescue sector and is currently a member of Penrith Mountain Rescue Team, Cumbria Ore Mines Rescue Unit and is also a Search and Rescue Dog Handler.

Matt is a qualified IRATA Level I technician, his specialist areas focus on PPE inspection training and supporting the emergency services and mountain rescue courses.

Outside of work Matt enjoys a variety of outdoor activities including mountaineering and cycling. Emma joined the Lyon Equipment Work & Rescue team in 2009 as our receptionist before joining the training team to become our Training Administrator the following year.

Emma will frequently be your first point of contact with the Lyon Equipment training team. She will handle everything from your initial enquiry through to booking, payment and final certification.

#### **Industrial Rope Access**



Lyon Equipment offers training, assessment and re-assessment in all 3 IRATA technician levels in line with the IRATA International Training, Assessment and Certification Scheme. Direct entry courses may also be available. Prices include the cost of registration with IRATA, ID card, logbook and certificate. All IRATA qualifications require re-assessment every 3 years.



PRICE £

Training to BS 7985:2013 and BS 1S0 22846 is also available. Call for details. You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue course.



#### LT01 IRATA Level I - Rope Access Technician 660.00 This course will provide the skills and knowledge required by IRATA rope access technicians to enable them to perform a specified range of rope access tasks under the supervision of a Level 3 technician. The course will cover relevant legislation, guidelines and standards, safe working practices, inspection and maintenance of equipment, selection and use of anchors, introduction to knots and rigging and the range of manoeuvres required by IRATA. Progress from Level 1 to Level 2 requires the Level I technician to log at least 1000 working hours using rope access techniques and have worked for a minimum of one year at Level I.

**DESCRIPTION** 

5 Day



#### LT02 IRATA Level 2 - Rope Access Technician

PRICE £ 660.00

This is a course for experienced rope access technicians who have already passed their Level I assessment and have the necessary logged experience. The course will refresh Level I skills and will introduce more complex rigging, rescue and rope access skills under the supervision of a Level 3 technician.

Before a Level 2 can become a Level 3, a minimum of one year at Level 2 and at least a further 1000 working hours using rope access techniques must be logged.

5 Day Duration

#### LT03 IRATA Level 3 - Rope Access Technician

PRICE £ 660.00

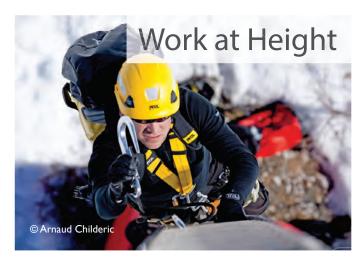
The IRATA Level 3 course is for those rope access technicians who will have complete responsibility for rope access safety in work projects. The successful Level 3 is able to demonstrate the skills and knowledge required of Levels I and 2; is conversant with relevant work techniques and legislation; has an extensive knowledge of advanced rigging and rescue techniques; holds an appropriate and current first aid certificate and has knowledge of the IRATA International Training, Assessment and Certification Scheme. A Level 3 can become a supervisor.

5 Day Duration

> You may also wish to consider our PPE Inspection Competent Person Certificate for Industry course.







CODE	DESCRIPTION	PRICE £
LT10	Work at Height	190.00
	A RoSPA approved course for all personnel who are required to work at height using fall arrest, work restraint and work positioning systems. Practical and theoretical training giving an introduction to workplace regulations, risk assessments, equipment inspection, systems of work and correct selection and application of equipment.	RSPA Approved Course
Duration	I Day	



#### LT12 Co-worker Rescue

PRICE £ 380.00

The Work at Height Regulations require that when you work at height, you also plan for emergencies and rescue. A rescue plan should not rely solely on the fire and rescue services. This comprehensive RoSPA approved course covers the use of the Lyon Pick Off Rescue Kit to undertake the rescue of an injured or incapacitated co-worker from a wide variety of predicaments. Practical scenarios make full use of the kit's ability to be quickly re-configured, depending on the situation. Pre-use checks, assembly and use of the kit in conjunction with Lyon Reach Pole is included. This course can be delivered in conjunction with our I day Work at Height course (LTI0).



#### **Duration** 2 Day

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course

#### PRICE £

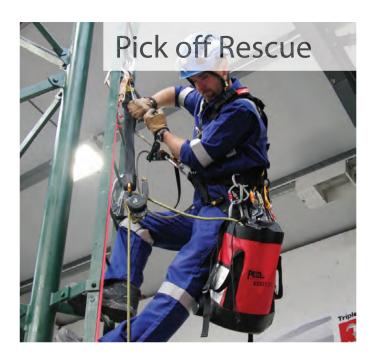
#### LT86 **Pick off Rescue**

190.00

This short course covers the use of the Petzl Jag Rescue Kit to pick off and lower a victim requiring rapid intervention. Suitable for industrial use and structures such as high ropes courses. This course can be delivered in conjunction with our I day Work at Height course (LT10).

#### **Duration** I Day

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue course (LT53)

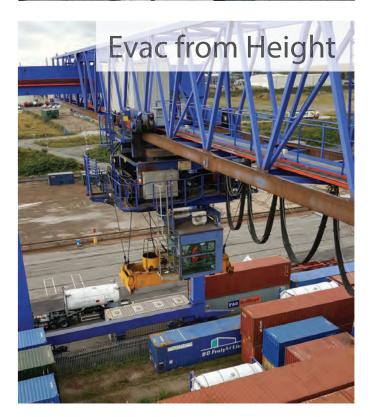


#### Work at Height & Rescue - Industry





asset sky
Mast & Tower



#### **DESCRIPTION** CODE PRICE £ 380.00

#### LT88 Use of Stretchers in Rescue

This is a course for workers who may be required to undertake the rescue of an injured or incapacitated person using a rescue stretcher. Basic application of a range of rescue stretchers is covered together with anchor and rigging considerations. Practical scenarios in both the industrial setting and the natural environment are included, depending on the client's needs. Please note that this is an introductory course only. Those requiring full rope rescue capability should consider our emergency services rope rescue

#### 2 Days **Duration**

programme.

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)

#### PRICE £

#### LT17 Mast & Tower Climbing & Rescue

570.00

This course is for those who need to climb masts or towers using permanent or temporary fall arrest systems and work positioning techniques. Candidates receive training and assessment in the safe and effective use of a range of equipment and are made aware of its limitations. Training in rescue techniques using the Lyon Pick-Off Rescue Kit is included.

#### 3 Day Duration

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)

#### PRICE £

#### LT15 **Evacuation & Rescue from Elevated Platforms**

190.00

For people working in elevated places such as cranes, mobile elevating work platforms, roofs, gantries and cable cars who may need emergency evacuation in the event of medical emergency or mechanical breakdown. This course is integral to the development of escape and rescue plans from these places and can be delivered at the client's location. It incorporates use of appropriate pick-off rescue solutions.

#### **Duration** I Day

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)

#### Work at Height & Rescue - Industry



CODE	DESCRIPTION	PRICE £
LT79	Wood Pole and Steel Tower Rescue - Trainer Training	190.00
	This is a course for utilities company personnel who are qualified to work at height and are required to train others from their organisation in the procedures for co-worker rescue from wood poles and steel towers using the Lyon Rescue Kit. The course can frequently be delivered on site at the customer's location and includes safe and effective use of the rescue kit and additional measures required when training others in its use.	
Duration	I Day	

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)



		PRICE £
LT13	Harness & Lanyard Awareness	100.00
	It is a requirement to provide suitable and sufficient training in the use of Personal Protective Equipment. This short course covers the basic information required to enable safe and effective use of a full body harness and fall arrest lanyard.	
Duration	½ Day	



#### PRICE £ LT18 Leaning Ladder and Stepladder 100.00 For personnel who are required to use or specify the use of leaning ladders or stepladders at work. This is a practical course covering legal requirements, risk assessments, equipment inspection and quality assurance in addition to the application of leaning ladders and stepladders. Duration 1/2 Day



		INCL
LT16	Anchor Placement	190.00
	A course that provides in-depth training to enable personnel to correctly install, test and certify	
	mechanical or chemically fixed anchors in	

accordance with BS 7883 and other relevant standards, for personal protection against falls from height.

**Duration** | Day

PRICE 4





CODE	DESCRIPTION	PRICE £
LT50	Work at Height for Riggers and Stage Workers	380.00
	This course is ideal for persons employed in the entertainment industry who are required to work on and from lighting trusses, gantries and other structures. A practical and theoretical course covering relevant legislation, risk assessments, equipment selection and application. Covers techniques required for safe access and working within difficult to reach locations. Includes elements of rope access for ascent and descent.	
Duration	2 Day	
	You may also wish to consider our Anchor Placement Course (LT16)	



# A course for personnel who have already attended the 2 day Work at Height for Riggers and Stage Workers (Code LT50) and who now require additional rescue skills to undertake the rescue of an incapacitated or injured colleague in their workplace. The course is centred around the use of the Lyon Pick Off Rescue Kit in a variety of simulated rescue situations.

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)



# LT58 Combined Work at Height and Rescue for Riggers and Stage Workers This course combines the skills and knowledge covered in our Work at Height Training and Co-Worker Rescue courses for Riggers and Stage

covered in our Work at Height Training and Co-Worker Rescue courses for Riggers and Stage Workers (Codes LT50 & LT57) into one 3 day course. The course is for riggers and stage workers who require training in both working at height and rescue.

#### **Duration** 3 Day

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)



#### Work at Height & Rescue - Adventure Activities





## CODE DESCRIPTION PRICE £ LT68 Adventure Activities Height Access - 550.00 Artificial Structures

This course includes all of the content of LT67 and is designed for anyone working in outdoor activities, climbing wall operations and route setting or ropes course construction. The course will provide an understanding of working at height legislation and the use of appropriate work techniques for ascending and descending ropes, working horizontally and the rescue of a co-worker. The course takes into account the recommendations of the European Ropes Course Association (ERCA) with regard to access and rescue techniques. A basic understanding and experience of rope based systems, including rigging and belaying, is a pre-requisite for this course. Contact us for further details if unsure.

#### **Duration** 3 Day

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue Course (LT53)

#### **Personal Protective Equipment**





	(a n e)	
CODE	DESCRIPTION	PRICE :
LT08	PPE User Checks for Industry	170.00
	Work at height equipment requires checks prior	DACDA

to, during and after use. All personnel who work at height must also be able to check their own Personal Fall Protection Equipment. This RoSPA approved course covers legislation, equipment selection and hands-on equipment checks in order to fulfil this requirement.

**Duration** | Day

## LT08AA PPE User Checks for the Adventure 170.00 Activities Sector

Anyone working as an independent or outdoor education centre instructor, stores staff or rescue team member must be able to check both their own Personal Protective Equipment (PPE) and that used by group members for whom they are responsible.

This RoSPA approved course has been designed for those who use PPE for climbing, mountaineering, caving or water-based adventure activities. The course provides underpinning knowledge of legislation and equipment performance as well as passing on the skills necessary to carry out suitable user checks prior to, during and after use.

**Duration** | Day



## CODE DESCRIPTION PRICE £ LT09 PPE Inspection - RoSPA Approved 620.00 Competent Person Certificate for Industry

This RoSPA approved course is for persons responsible for the care, maintenance and inspection of one or more users' Personal Fall Protection Equipment. The course teaches candidates how to systematically manage work at height equipment (PPE) throughout its lifetime. The course covers current legislation, management systems, selection of equipment, equipment inspection, storage, repair, disposal and written examination reports. Also included is the opportunity to view and analyse destructive tests on damaged items of PPE.



**Duration** 4 Day

#### PRICE £

620.00

## LT09AA PPE Inspection - RoSPA Approved Competent Person Certificate for the Adventure Activities Sector

ted course niques and ge of how to

This RoSPA approved and IOL accredited course introduces up to date inspection techniques and develops candidates' current knowledge of how to systematically manage and inspect Personal Protective Equipment (PPE) for work at height, including mountaineering and caving equipment, throughout its lifetime. The course also looks at water activity PPE such as buoyancy aids and water helmets and will be of particular interest to technical advisors, safety managers, independent outdoor education providers, outdoor education centre staff, Mountain Rescue equipment officers and those responsible for equipment stores.



**Duration** 4 Day

310.00

#### LT09R PPE Inspection Competent Person Recertification Course

For those who have successfully passed our 4-day PPE Inspection Competent Person course (Course code LT09 /LT09AA) within the last 3 years and have maintained currency in their knowledge and skills, this course provides delegates with the opportunity to renew their certificate for a further 3 years.

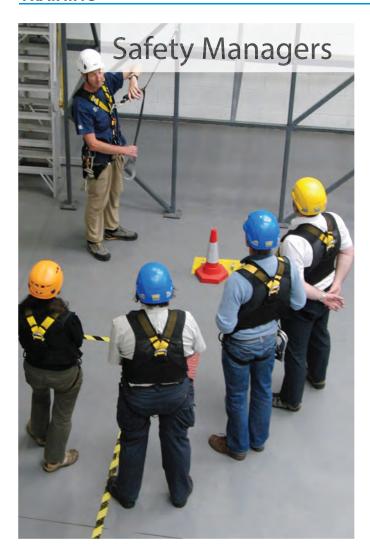


The course will include developments in legislation, equipment selection and inspection techniques. Prior to the course, candidates will be required to complete an open book paper and a logbook record of all equipment inspections undertaken since their previous course. The recertification course should be undertaken within the 3 year period since the last course.

**Duration** 2 Day



## **Management of Work at Height**



CODE	DESCRIPTION	PRICE £
LT30	Working at Height with Personal Fall Protection Equipment - A Course for Safety Managers	400.00
	This course is designed to provide Safety Managers with core knowledge on the regulations, selection limitations, use and care of fall protection and in particular, fall arrest equipment. The course is a mix of theoretical and practical sessions with demonstrations of equipment use and destructive testing.  Course delegates will have the opportunity to use personal fall protection equipment to gain full understanding of the correct procedures required for safe use of this equipment. Practical sessions are non-compulsory.	
Duration	2 Day	



		PRICE £
LTII	Working at Height Equipment - Selection and Application	380.00
	This course will provide underpinning knowledge of workplace regulations, standards, performance and selection of work at height equipment relevant to course delegate's working environment. Training will include theoretical and practical elements. Delegates will have the opportunity to gain practical experience of equipment use. The course will be of particular value to those involved with selling, selecting or purchasing work at height equipment.	
Duration	2 Day	

#### **Emergency Casualty Care & First Aid Training**



CODE DESCRIPTION

LT53 Emergency Casualty Care for Work at

Height and Rescue

280.00

This course provides emergency First Aid procedures tailored to working at height environments. Training covers the essential skills, knowledge and techniques required in difficult to access or restricted spaces. The scenario-based training enables individuals who take the role of emergency first aider, casualty carer or those who work in support of rescuers, rope access technicians or others working at height to respond effectively to emergencies in these challenging environments. This course incorporates the nationally regulated Level 3 (SQA Level 6) Emergency First Aid at Work qualification. It is delivered by our highly experienced Instructors in association with Nuco Training and meets the Emergency First Aider requirements of BS8454:2006. An external awarding body Level 3 (SQA Lev 6) EFAW certificate valid for 3 years will be issued following successful completion of this course.

**Duration** 2 Day

PRICE £

LT96 Emergency First Aid at Work (Level 3 EFAW)

90.00

The work at height sector incorporates a diverse range of activities and processes and therefore the range of hazards and risks varies greatly. This course is designed for those working in lower risk workplace environments or in support of designated individuals holding the more comprehensive First Aid at Work (FAW) qualification required by higher risk activities. Content includes essential adult emergency life-saving skills tailored to the work at height environment: CPR and use of the AED (defibrillator) are covered. This course is delivered in association with Nuco Training by our approved instructors; an external awarding body Level 3 (SQA Lev 6) EFAW certificate valid for 3 years will be issued following successful completion of this course. **nuco** training

**Duration** I Day (6+ hours)

PRICE £

LT97 First Aid at Work 270.00

This initial First Aid at Work course is appropriate for those persons working in higher risk environments where the risk assessed level of first aid provision exceeds that of the Emergency First Aid at Work qualification. In addition to the skills of the EFAW course participants will gain knowledge and practical skills in dealing with more complex injuries such as fractures, spinal, head and chest injuries. Also covered is the ability to recognise the presence of major illness (heart attack, stroke, epilepsy, asthma, diabetes) and provide appropriate first aid. This course is delivered in association with Nuco Training by our approved instructors; an external awarding body Level 3 (SQA Lev 6) First Aid at Work certificate valid for 3 years will be issued following successful completion of this

**Duration** 3 Day (18+ hours)





PRICE £

LT98 First Aid at Work (Requalification)

180.00

This course is appropriate for those who hold a current regulated First Aid at Work (FAW) certificate and need to revalidate their existing qualification before expiry. It covers the essential elements of the FAW course as required by the HSE. Please note a First Aider can renew their FAW qualification via this 2 day requalification course without question providing it is within I month past the expiry date of the certificate. This course is delivered in association with Nuco Training by our approved instructors; an external awarding body Level 3 (SQA Lev 6) FAW certificate valid for 3 years will be issued following successful completion of this course.

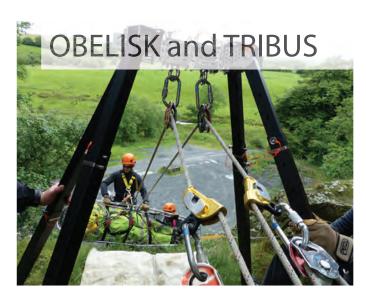


**Duration** 2 Day (12+ hours)

nuco training







#### CODE **DESCRIPTION** PRICE £ 180.00

#### LT60 **Larkin Rescue Frame Product Training**

This course will provide rope rescue operators with the skills and knowledge to enable safe and efficient use of the Larkin Rescue Frame and associated components for lowering and raising personnel in a number of situations. Delegates will receive a broad understanding of the appropriate uses and limitations of the rescue frame when used in both full and half size configurations.

#### Duration I Day

A 50% reduction in course fees will be applied if purchasing training in combination with this product.

PRICE £

#### LT91 Lyon OBELISK and TRIBUS Product Training

180.00

This course provides product training in the use of the Lyon Equipment TRIBUS tripod and OBELISK quadpod in a variety of different configurations and environments. Designed specifically for emergency service and rapid intervention situations, both products have unique features that make them ideal for this type of work. Training will include user checks, assembly, configuration options and use in both the built and the natural environment.

#### **Duration** I Day

A 50% reduction in course fees will be applied if purchasing training in combination with this product.

#### **Emergency Services - Fire & Rescue**



840.00

PRICE £

570.00

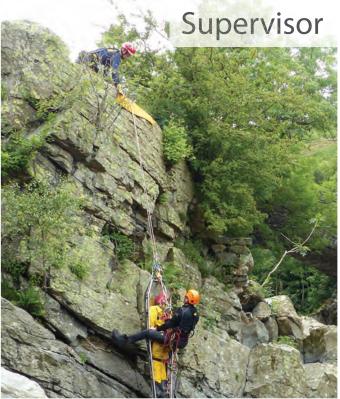
Lyon Equipment has a long history of providing work at height and rescue training and equipment to the emergency services. Working with colleagues in the Fire and Rescue Services, we have developed a suite of courses that meet the specific needs of firefighters operating in the at height environment. Our Rope Rescue courses comply with the Fire and Rescue Service Manual, Volume 2: Fire Service Operations – Safe Work at Height and, together with our External Quality Audit service, offer a complete programme of training, assessment and accreditation.

Additional bespoke work at height training, continuing professional development, quality audit and training support services are also available, please contact us for details.

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue courses.



CODE	DESCRIPTION	PRICE £
LT36	Rope Rescue Operator	840.00
	For rescue personnel who are required to fulfil the role of Rope Rescue Operator within a rescue team. The course covers access to and from the incident site and rescue system construction and operation (with and without a stretcher). The course will provide the knowledge, skills and understanding to allow you to operate safely and effectively during rope rescue activities.	
Duration	5 Day	
		PRICE £



# This course will enable you to fulfil the role of Rope Rescue Supervisor within a rescue team. The course is designed for those who have previously attended the Rope Rescue Operator course (or similar). The course will provide in-depth knowledge, skills and understanding to allow you to identify, construct and supervise appropriate, safe and effective rope rescue solutions in your workplace, whether that be a 'built' or 'natural'

Rope Rescue Supervisor

**Duration** 5 Day

environment.

LT39

## LT39R Rope Rescue Supervisor - Refresher and Revalidation 565.00

This course is for Emergency Services personnel who have successfully attended a Lyon Equipment Rope Rescue Supervisor course in the past 3 years. It provides delegates with the opportunity to refresh and develop their Rope Rescue Supervisor skills and knowledge and to undertake assessment leading to revalidation of their certificate. The course will re-visit all aspects of our Rope Rescue Supervisor course while also covering any developments or changes in legislation, equipment or technique that have occurred since the previous assessment.

**Duration** 3 Day



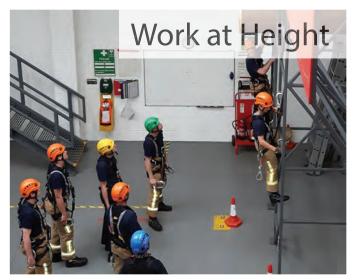
#### LT44 Rope Rescue Instructor

For experienced rope rescue technicians and Emergency Services personnel expected to deliver training to those required to operate safely and effectively during a range of rope rescue activities. The course will include methods of training delivery and assessment for both theoretical and practical sessions.

**Duration** 3 Day

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses

#### **Emergency Services - Fire & Rescue**



#### CODE **DESCRIPTION** PRICE £ LT I 0ES **Emergency Services Work at Height** 190.00 This course provides emergency services personnel with the knowledge and skills to use work restraint, work positioning and fall arrest systems. The course includes both practical and theoretical training and gives an introduction to workplace regulations, risk assessment, equipment inspection and correct selection and application of work at height equipment. Use of both fall arrest lanyards and mobile fall arrestor devices is included. Use of the Petzl I'D and line for work restraint, assisted return and belaying/life-lining is also covered.



# Height Pack Supervisor / Leader

#### LT80 Fire and Rescue Service Height Pack -Operator

This course builds on the skills covered in the Emergency Services Work at Height course (course code LT IOES) and introduces the use of Height Packs for specific work at height and rescue operations. The course includes selection and construction of anchor systems, the use of ropes and rope control devices for work restraint, work positioning and belaying plus the application of simple lowering and hauling systems. Practical training will include a number of scenarios relevant to Fire and Rescue operations.

#### Duration 2 Day

LT81

**Duration** | Day

#### PRICE £ Fire and Rescue Service Height Pack -570.00 Supervisor / Team Leader

This is a course for Fire and Rescue personnel who are required to operate in a Supervisor / Team Leader role when using a Height Pack. Successful completion of the Fire and Rescue Service Height Pack - Operator course (course code LT80) is a pre-requisite for this course. Knowledge and skills introduced in the Operator course are refreshed and developed further to provide delegates with sufficient knowledge,

understanding and confidence to fulfil their designated role. Practical training will be scenario-based with each delegate being provided with a variety of opportunities to act as Supervisor/Team Leader.

#### **Duration** 3 Day

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses PRICE £

380.00

#### **Emergency Services - Police**



Lyon Equipment Police training courses have been developed in conjunction with UK Police Forces to meet the specific requirement of specialist policing at height operations. Training and assessment of our courses is delivered in line with the current requirements of College of Policing Authorised Professional Practice (APP) applicable to specialist roles.

Additional tactical work at height training, continuing professional development, quality audit and training support services are also available, please contact us for details.

You may also wish to consider our Emergency Casualty Care for Work at Height and Rescue course.



CODE	DESCRIPTION	PRICE £
LT43	Police Officer Work at Height - Operator	840.00
	A course for Police Officers who may be required to work at height in the course of their duties using a range of equipment and techniques including rope access, work positioning and fall arrest. Operatives will gain skills to safely and effectively use work at height and rope access techniques to perform specialist roles including searching, compliant protester removal tactics, firearms deployment, hostage and other negotiations and covert technical installations. Also includes operator rescue skills.	
Duration	5 Day	

CODE	DESCRIPTION	PRICE £
LT43i	Police Officer Work at Height - Supervisor and Trainer	840.00
	This course covers the essential elements of the LT 43s Police Officer Work at Height Supervisor course, it is also aimed at experienced Operators or existing Supervisors who are required to progress toward supervising operational work at height deployments and delivering Police work at height training within their Force. A day of the course is dedicated to participants delivering individual theory and practical elements of a range of work at height training. This additional assessed component is designed to assist candidates to demonstrate the essential occupational competence necessary in a Police training role.	New
Duration	5 Day	
	You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses	
		PRICE £
LT43s	Police Officer Work at Height - Supervisor	840.00
	An in-depth course for experienced Police Work	

LT43s	Police Officer Work at Height - Supervisor	840.00
	An in-depth course for experienced Police Work at Height Operators who are required to progress into a supervisor role during work at height operations and training. The course is designed to provide the ability to select, apply and supervise appropriate safe systems of work for rope access and other working at height situations relevant to a specialist task. Included are the skills and knowledge necessary to safely supervise a Police rope access team and facilitate rescues where specialist officers are commonly tasked to operate. Also covered are the selection, inspection, care and maintenance of equipment.	New
Duration	5 Day	

This course offers existing Police work at height Supervisors and/or Trainers with the opportunity to further enhance their technical rescue capability and capacity to supervise in demanding rescue situations. It will provide the in-depth knowledge and skills to allow the candidate to	1702	Pulling To the lead Day of Constitution	PRICE £
Supervisors and/or Trainers with the opportunity to further enhance their technical rescue capability and capacity to supervise in demanding rescue situations. It will provide the in-depth knowledge and skills to allow the candidate to identify, construct and supervise effective technical rescue solutions including the use of stretchers. The course takes place partly at off-site venues to facilitate appropriate skills development in the natural and built environments. This is an ideal course to consider for CPD purposes.	LT82	Police Technical Rescue Supervisor	840.00
<b>Duration</b> 5 Day		Supervisors and/or Trainers with the opportunity to further enhance their technical rescue capability and capacity to supervise in demanding rescue situations. It will provide the in-depth knowledge and skills to allow the candidate to identify, construct and supervise effective technical rescue solutions including the use of stretchers. The course takes place partly at off-site venues to facilitate appropriate skills development in the natural and built environments. This is an ideal	New
	Duration	5 Day	

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses







#### CODE DESCRIPTION

PRICE £

#### LT75 Police Firearms Officer - Work at Height

A course for Police Authorised Firearms Officers (AFOs) matched against the learning objectives of the National Police Firearms Training Curriculum (NPFTC) module E3.1. This is the foundation work at height training required to enable AFOs including Rifle Officers to safely work at height during the course of their duties under the guidance of a Firearms Rope Access Dispatcher.

Operatives will gain skills to safely and effectively

use a variety of work at height equipment and techniques including work restraint, work positioning and fall arrest. Also covered is relevant work at height legislation and guidelines and the basic selection, care and maintenance of equipment.

#### **Duration** | Day

PRICE £

#### LT77 Police Firearms Rope Access - Operator

840.00

A course for Police Authorised Firearms Officers. Matched against the learning objectives of NPFTC Module E3.2.

This course will equip individuals with the personal skills necessary to fulfil specialist duties when working at height in the firearms role.

Operators will gain a variety of skills to enable access and egress in a variety of environments. The course builds on the basic skills attained during the foundation Police Firearms Officer – Work at Height course (code LT75).

#### **Duration** 5 Day

PRICE £

#### LT78 Police Firearms Rope Access - Dispatcher

840.00

A course for Police Firearms Rope Access Operators who are required to fulfil the role of Dispatcher. Matched against the learning objectives of NPFTC Module E3.3.

This course will enable qualified Police Firearms Rope Access Operators to further develop their skills in order to fulfil the role of Dispatcher.

The course will include advanced rigging techniques, rescue capability, hauling and lowering and considerations for safe working in the operational environment. Supervision of Operators and other personnel working at height is a key component of this course.

#### **Duration** 5 Day

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses





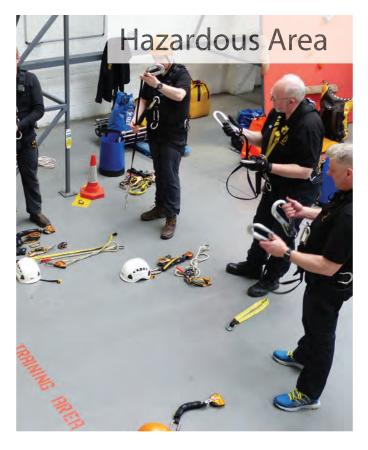
CODE	DESCRIPTION	PRICE £
LT I 0ES	Emergency Services Work at Height	190.00
	This course provides emergency services personnel with the knowledge and skills to use work restraint, work positioning and fall arrest systems. The course includes both practical and theoretical training and gives an introduction to workplace regulations, risk assessment, equipment inspection and correct selection and application of work at height equipment. Use of both fall arrest lanyards and mobile fall arrestor devices is included. Use of the Petzl I'D and line for work restraint, assisted return and belaying/life-lining is also covered.	
Duration	I Day	
		PRICE £
LT62	Hazardous Area Response Team Safe Work at Height - Operator	370.00
	A course designed to meet the working at height needs of HART personnel who may be required to operate in locations involving a risk of falls from height. Includes the application of work restraint, work positioning and fall arrest techniques plus the use of basic rope access skills.	

**Duration** 2 Day



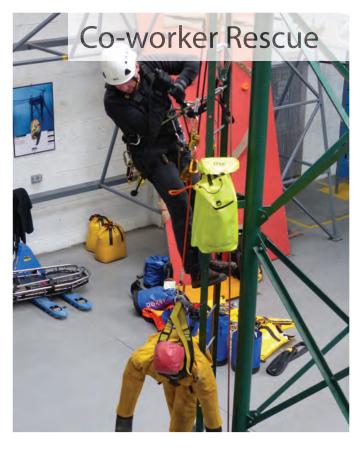
# LT62R Hazardous Area Response Team Safe Work at Height and Rescue - Operator plus This course includes all of the elements of LT62 described above with the addition of a third day to provide additional rescue skills and an awareness of two-line rescue systems as might be experienced during HART operations involving other rescue agencies. Duration 3 Day





CODE	DESCRIPTION	PRICE £
LT62i	Hazardous Area Response Team Safe Work at Height and Rescue - Supervisor / Trainer	840.00
	A course for nominated HART personnel who may be required to operate in locations involving a risk of falls from height and who are required to train other HART personnel in basic working at height and rescue skills including the application of work restraint, work positioning and fall arrest techniques plus the use of basic rope access skills. Includes additional rescue skills and awareness of two-line rescue systems as might be experienced during HART operations involving other rescue agencies. The course also includes training and assessment techniques for the delivery of theoretical and practical work at height training.	
Duration	5 Day	

You may also wish to consider our Anchor Placement (LT16) and PPE Inspection Competent Person Courses



PRICE £

#### LT12 Co-worker Rescue

380.00

The Work at Height Regulations require that when you work at height, you also plan for emergencies and rescue. A rescue plan should not rely solely on the fire and rescue services. This comprehensive RoSPA approved course covers the use of the Lyon Pick Off Rescue Kit to undertake the rescue of an injured or incapacitated co-worker from a wide variety of predicaments. Practical scenarios make full use of the kit's ability to be quickly re-configured, depending on the situation. Pre-use checks, assembly and use of the kit in conjunction with Lyon Reach Pole is included. The course can be run in conjunction with the I day Emergency Services Work at Height course (LT10ES).



**Duration** 2 Day

#### **Further Information**



Further information on our courses, including course syllabi, dates and booking forms are available from our website at lyon.co.uk/training

To make a booking or for more information, please contact our Training Administrator: Emma Martindale: training@lyon.co.uk

+44 (0) 15396 26251

#### **Office hours**

Monday to Thursday 9 am to 5 pm and Friday 9 am to 1 pm.

#### How to pay

Wherever possible, please make payment by BACS, quoting your account reference number and email your remittance to remittances@lyon.co.uk

Our bank details are as follows

Sort code 01 04 81 BIC NWBK GB 2L

Sterling Account no. 76036197

IBAN Number GB82NWBK01048176036197

Euro Account no. 06443532

IBAN Number GB57NWBK60720206443532

By credit / debit card - most cards are accepted except American Express and Diners'.

By cheque – please make cheques payable to Lyon Equipment Ltd and send to Unit 3-7, Tebay Business Park, Old Tebay, Penrith, CA10 3SS. Please note for Pro Forma invoices we will despatch goods only when funds have cleared, which is usually seven days from receipt.

On account - if you wish to open a credit or pre-payment account with us, please call us on 015396 26250 for further information. Please refer to our terms and conditions before placing an order or requesting a credit / pre-payment account.

#### Overdue Accounts

We understand and reserve the right to exercise our statutory right to claim interest and compensation for debt recovery costs under the late payment legislation if we are not paid according to agreed credit terms.

#### **Online Booking**

You can find our training specific website at lyon.co.uk/training which provides further information, prices and dates for all of our courses with the opportunity to check the latest availability and to book your course online. You can also find information on our training team and training facilities with direct links to Lyon Equipment products and services.

#### Statement of Medical Condition

It should be understood that work at height courses, of all levels, involve a certain amount of physical and mental exertion. Specific medical conditions if uncontrolled are definite contra-indications to safe and successful work at height.

Ideally course delegates should be in possession of an appropriate full industrial medical certificate declaring that they are fit for work at height.

As a minimum, before training commences, we require delegates to sign a Statement of Medical Condition to confirm that they are historically free of the conditions listed below, and therefore there is no reason to exclude them from participation in a work at height course. If any of the conditions listed below apply to a delegate, he / she must advise their trainer. They will not necessarily be excluded from all elements of the training course.

Contra-indications to working at height include, but are not limited to, the following:

- Heart disease / chest pain
- · High or low blood pressure
- Epilepsy, seizures, blackouts
- Fear of heights / vertigo
- · Dizziness / difficulty with balance
- Impaired limb function
- Alcohol or drug dependence
- Psychiatric illness
- Diabetes
- Musculo skeletal issues e.g. bad back; strains; sprains
- Obesity

If delegates do not have a medical certificate addressing these points, they will be required to sign the following statement:

"To the best of my knowledge I do not suffer from any mental or physical condition, including those mentioned above, which could interfere with my ability to work at height in a satisfactory and safe manner or put myself or others at risk through my participation in these activities."

We reserve the right to refuse training to any person without an appropriate medical certificate or who is unwilling to sign the above statement.



#### **Booking Procedure**

Course bookings can only be made by using the Lyon course booking form. Directions, course start times and an accommodation list will be sent on receipt of full payment.

#### Payment\*

The course fee must be paid in full no later than 15 working days prior to the start of the course.

A provisional booking will not be accepted as confirmed until full payment is received.

Lyon reserves the right to re-allocate the course place to another delegate if fees are not paid on time.

All transfer charges must be paid on receipt of the invoice.

Please note that these payment conditions override any credit terms held by existing account customers.

#### **Cancelling Courses\***

All cancellations must be made at least 15 working days prior to the start of the course.

If the booking is cancelled within 15 working days prior to the start date of the course, or if a delegate fails to attend the course, there will be no refund of fees.

#### **Transferring Courses\***

If a delegate wishes to transfer a booking, within 15 working days prior to the original course date, to a later date, there will be a surcharge of 25% of the course fee. Course bookings cannot be transferred more than once. If that transfer is subsequently cancelled the surcharge will remain payable.

#### **Changing Delegate Details**

There will be no charge if a substitute person wishes to replace the original delegate. Please inform our office of any change to the original booking prior to the course commencing.

#### **Course Content**

Lyon training courses are constantly updated and improved and we reserve the right to alter any of the courses' content without prior notice.

Our training manuals are provided in English. Please contact us prior to course booking if you have any special requirements.

Our training courses are based on  $\ensuremath{\mathsf{UK}}$  regulations.

#### **Cancellation of Courses by Lyon Equipment**

Lyon reserves the right to cancel a course at any time without liability. In these circumstances, delegates will be offered an alternative date, a credit note or a full refund.

#### Health & Safety

Lyon reserves the right to refuse entry of any delegate to the course.

Lyon reserves the right to remove a delegate from the course if the delegate's action puts him / her-self, or others, at risk.

#### **Data Protection**

A copy of our Privacy Policy can be found on our website. Additional information is also provided at the time of booking.

#### **Covid-19 Specific information**

Lyon Equipment wish to draw your attention to our current Terms & Conditions and our right to cancel a course at any time. Due to ongoing national circumstances and UK Government guidance in relation to Covid-19 it may become necessary to cancel a course at short notice for reasons beyond our control. We will endeavour to notify delegates at the earliest opportunity if this becomes necessary. We accept that delegates may also need to cancel attendance at short notice for these reasons. Under these circumstances we respectfully request notification by delegates at the earliest opportunity by email to training@lyon.co.uk. Alternative dates for training will be arranged by mutual agreement. We regret that at the time of publication we are unable to accept delegates onto courses who are travelling from outside of the UK. We will review this restriction on a monthly basis and advise delegates when this no longer applies. Lyon Equipment may need to alter, amend or change our capacity to run training courses at any time in response to rapidly changing circumstances in order to maintain compliance with the guidelines of the UK Government in relation to Covid-19.

#### \*For training courses to be held outside mainland UK:

Payment must be made at least 30 working days prior to the course start date. A provisional booking will not be accepted as confirmed until full payment is received.

All cancellations must be made at least 30 working days prior to the start of the course. If the booking is cancelled within 30 working days prior to the start date of the course, or if a delegate fails to attend the course there will be no refund of fees.

If a delegate wishes to transfer a booking, within 30 working days prior to the original course date, to a later date, there will be a surcharge of 25% of the course fee. Course bookings cannot be transferred more than once. If that transfer is subsequently cancelled the surcharge will remain payable.







# Course information and booking is now available at:

### lyon.co.uk/training



# February 1st 202



Lyon Equipment Limited, Unit 3-7, Tebay Business Park, Old Tebay, Penrith, CA10 3SS T. 015396 24040 E. info@lyon.co.uk www.lyon.co.uk